

Kinesiology

Program Overview

Langara's [Kinesiology Department](#) offers a [Kinesiology Diploma](#), which is a two-year university-transfer program that allows students to continue toward the completion of a university degree in disciplines such as kinesiology, physical education, human kinetics, or other interdisciplinary studies.

The Kinesiology department courses range from introductory level through to 2nd-year university transfer in a wide range of topics, including exercise physiology, functional anatomy, motor learning and control, sport psychology, sports medicine, biomechanics, fitness and training, growth and development, health and lifestyles, and leisure and sports studies.

Self-Study

Kinesiology launched its program review in academic year 2023/24 with a Self-Study. The primary Self-Study writer was Ryan Cawsey, Department Chair of Kinesiology. Additional support was provided by:

- Patricia Aroca-Ouellette (Division Chair, Applied Sciences)
- Gerda Krause (Dean, Faculty of Science)
- Sunita Wiebe (Director, Office of Academic Quality Assurance)
- Roshni Riar (Department Assistant, Office of Academic Quality Assurance)
- Pennie Poon (Manager, Office of Academic Quality Assurance)
- Institutional Research analysts

Data sources for the Self-Study included:

- Institutional Research-compiled student administrative data (*e.g.*, headcounts, retention, satisfaction)
- Student survey
- Alumni survey
- Faculty survey

The Self-Study was completed in October 2023.

External Review

Kinesiology's external review took place on November 1st, 2023. The External Review Team consisted of:

- Dr. Paul Prospero, Instructor, History, Latin and Political Science, Langara College (External Review Chair)
- Alison Pritchard-Orr, Associate Professor, School of Kinesiology, University of the Fraser Valley
- Dr. Paul Kennedy, Associate Director Undergraduate Affairs, Associate Professor of Teaching, School of Kinesiology, University of British Columbia, Vancouver Campus

Action Plan Goals

In response to the Self-Study and External Review, Kinesiology created an Action Plan with these goals:

- Goal 1: Student Recruitment
- Goal 2: Curriculum
- Goal 3: Enrolment Management
- Goal 4: Work-Integrated and Co-Curricular Learning
- Goal 5: Student Experience

- Goal 6: Instructor Experience

Examples of Post-Review Successes

Forthcoming.